

# AED Fast Facts

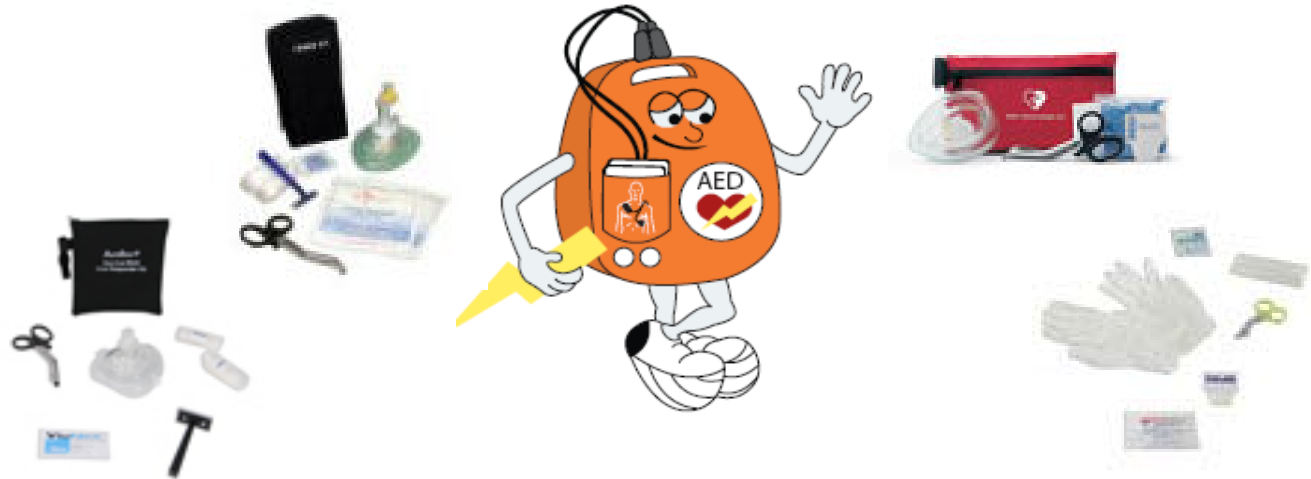
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## An E-mail Promoting Awareness of Automated External Defibrillators

Information presented to complement an established AED Program

### AED Rescue Accessories

## CPR Mask/Shield, Razor, Scissors, Gloves, Wipe



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Most AEDs have a “Rescue Kit” - usually a zippered pouch attached to or stored with the AED. This kit includes supplies to help protect the rescuer(s) and improve the efficiency of the response. It usually includes:

- CPR Mask/Shield:** To reduce the risk of exposure to potential Bloodborne Pathogens.
- Scissors:** To help remove clothing from chest including a bra and necklace.
- Razor:** To help remove excessive chest hair
- Gloves:** To reduce the risk of exposure to potential Bloodborne Pathogens.
- Wipe:** Antiseptic for cleaning rescue kit items
- Towel:** To help dry chest area if needed prior to placing electrodes (usually separate from kit)

Rescuers should follow Universal Precautions to protect themselves from Bloodborne Pathogens.

### Signs of Sudden Cardiac Arrest:

- Unconscious
- Not Responding
- Not Breathing or Not Breathing Normally
- Agonal Breathing or Gasping is Not Normal Breathing
- Seizures/Convulsions may occur when patient collapses



### Combat Sudden Cardiac Arrest with

- Early 911
- Early CPR
- Early Defibrillation
- Early Advanced Life Support



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