

# AED Fast Facts

## An E-mail Promoting Awareness of Automated External Defibrillators

Information presented to complement an established AED Program

### RECENT CPR/AED SAVES:

**Class Hero-Teen Saves Classmate by Performing CPR:** “A 17-year-old senior at Standly Lake High School in Westminster, collapsed and went into sudden cardiac arrest. Her friend and classmate launched into action. Her classmate started CPR. As a lifeguard for three years, his training took over and his actions came as “second nature.” While her classmate performed CPR, two classmates alerted the school’s resource police officer. The officer used the school’s defibrillator to shock her heart. Now, close to three months after her collapse, she has made a full recovery.”  
*Excerpts from Longmont Times (Colorado) August 25, 2008*

**USF Softball Player Returns From Heart Problem:** “For nearly three minutes on April 1, the University of South Florida softball pitcher’s heart stopped beating. However, a USF trainer administered CPR and the pitcher’s heart was shocked back into rhythm by a portable defibrillator. The USF pitcher survived...and has received full clearance from her cardiologist and USF’s medical staff to pitch her senior season.”  
*Excerpts from The Tampa Tribune (Florida) August 13, 2008*

**Tennis Focus: Tennis Player grateful for life:** “Playing on Court 9 at the Forestmeadows Tennis Complex, the 62-year-old tennis player was enjoying a friendly doubles match...when he suddenly collapsed with a heart attack. A nearby tennis player sprinted to the clubhouse to get a defibrillator. A lot of people did a lot of good things very quickly, the patient said. I’m very, very fortunate.”  
*Excerpts from The Tallahassee DEMOCRAT (Florida) July 31, 2008*

**Gym Trainers Rush To Aid Collapsed Man:** “Two personal trainers rushed to the aid of a man who collapsed at Bally’s gym....a trainer, directed someone to call 911 while he and another trainer began CPR...and hooked up the defibrillator to save the man’s life. I thought the device was really user friendly and gave me a lot of confidence in what I was doing, the trainer said.”  
*Excerpts from KPTV.com (Wilsonville, Oregon) August 6, 2008*

### American Heart Association Chain of Survival:

1. Early 911
2. Early CPR
3. Early Defibrillation
4. Early Advance Life Support



**HeartAED**  
Automated External Defibrillators

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Have a Safe & Happy  
School Year

