

# AED

automated external defibrillator

# not just ENCASED...

## Awareness

### SIGNS OF SUDDEN CARDIAC ARREST (SCA)

- Unconscious
- Not Responding
- Not Breathing or
- Not Breathing Normally (i.e. gasping, gurgling, moaning or labored breathing)
- Seizures/Convulsions May Occur

### MORE ABOUT SCA

- Strikes without warning
- Each minute without CPR and Defibrillation, the chance of survival decreases 7-10%
- Commotio Cordis - a blunt blow to the chest can also cause SCA

### COMBAT SCA

- Early Recognition
- Call 911 Immediately (emergency medical services)
- Early CPR
- Early Defibrillation: Use AED
- Early Advanced Care



# nearest AED locations

## Action\*

- Determine if Scene is Safe
- Check Responsiveness
- Call for Help (911)
- Get AED or Send Someone for AED
- Check for Normal Breathing
- Perform CPR
- Turn on AED When it Arrives
- Apply Pads (electrodes) to Patients Bare Chest
- Follow Prompts

\* FOR ADULTS (ages 8 years and older)

CPR - Cardiopulmonary Resuscitation  
-30 compressions / 2 breaths ratio

Bystander CPR - Chest Compressions Only  
- Push Hard and Fast (100 times/minute)  
- Minimize Interruptions



# but... JUST IN CASE!



800-228-3343  
[www.heartaed.com](http://www.heartaed.com)  
[www.aeddrill.com](http://www.aeddrill.com)

References - American Heart Association [www.americanheart.org](http://www.americanheart.org)