

AED

automated external defibrillator

not just ENCASED...

Awareness

SIGNS OF SUDDEN CARDIAC ARREST (SCA)

- Unconscious
- Not Responding
- Not Breathing or
- Not Breathing Normally (i.e. gasping, gurgling, moaning or labored breathing)
- Seizures/Convulsions May Occur

MORE ABOUT SCA

- Strikes without warning
- Each minute without CPR and Defibrillation, the chance of survival decreases 7-10%
- Commotio Cordis - a blunt blow to the chest can also cause SCA

COMBAT SCA

- Early Recognition
- Call 911 Immediately (emergency medical services)
- Early CPR
- Early Defibrillation: Use AED
- Early Advanced Care



nearest AED locations

Action*

- Determine if Scene is Safe
- Check Responsiveness
- Call for Help (911)
- Get AED or Send Someone for AED
- Check for Normal Breathing
- Perform CPR
- Turn on AED When it Arrives
- Apply Pads (electrodes) to Patients Bare Chest
- Follow Prompts

* FOR ADULTS (ages 8 years and older)

CPR - Cardiopulmonary Resuscitation
-30 compressions / 2 breaths ratio

Bystander CPR - Chest Compressions Only
- Push Hard and Fast (100 times/minute)
- Minimize Interruptions



but... JUST IN CASE!



800-228-3343
www.heartaed.com
www.aeddrill.com

References - American Heart Association www.americanheart.org